

## RYLA      FAQs

➤ **What is RYLA?**

Rotary Youth Leadership Award is a residential leadership course designed to meet the needs of 16 and 17 year olds. The course is basically an outdoor pursuit course which incorporates team building and problem solving exercises.

➤ **How long does the course last?**

The course begins on Sunday afternoon and finishes after lunch on the following Friday.

➤ **Accommodation?**

There are separate blocks for male and female students. These are divided into separate bunk areas sleeping up to 8, but mostly a maximum of 6. Single rooms with shower / WC are available if required. **Students are put into rooms. You cannot opt to share a room with someone you know.**

➤ **Dietary requirements?**

The centre can adapt to most dietary needs if we are informed in advance.

➤ **Aptitude, skills, fitness?**

There will be a lot of walking and other physical activities, and so you must be reasonably physically fit, you may have to walk up Pen Y Fan! No specialist skills are required. **Being able to swim is not a necessity.**

➤ **Equipment?**

A kit list is sent out to all successful applicants. Specialist equipment is provided by Storey Arms. It is always handy if students do have their own walking boots -- for their own comfort.

➤ **Can anyone apply?**

In essence, yes. **Students must be no older than 17 at the time they attend the course. We suggest 16 / 17 years old.** The way to apply is to contact your local Rotary Club.

➤ **Transport to and from the centre?**

It is up to you to arrange transport.

➤ **Are students allowed to join or leave the course when they wish?**

**No!** Students begin the course on the Sunday and finish on the Friday. If there are extenuating circumstances these will be taken into consideration.

➤ **Do the students receive proof of attendance?**

**Yes.** For those needing proof of completing a residential course [DOE Gold, for example] RYLA is perfect. You will need to bring the relevant details with you!

➤ **Should students take money with them?**

There is a shop where you can buy sweets etc, but you will not need more than about £10-£15 for your time at Storey Arms.

➤ **Is there anything the student has to bring?**

Definitely a pillow-case, bed sheet! A duvet / sleeping bag / warm blanket will be required. Please check the kit list.

➤ **Medication?**

The centre should be made aware of **all medication** brought to the centre.

➤ **Medical conditions?**

These should be listed on the medical form the club returns to the administration team. If you have a medical condition, we need to be aware of it, even if it a rare occurrence.

➤ **Is there mobile signal / Wi Fi?**

There is some mobile coverage – EE for example. **There is no WiFi in the centre. There is no pay phone. The Storey Arms land line may be used in an emergency.** Please discuss this with the RYLA team.

We hope that this has been helpful.

Rob and Hayley. {The RYLA administration team}

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